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# From the Town Manager's Office

BUDGET SCHEDULE	E – 2017 - 2018		consolidation of non-education
October 20, 2016	Capital Improvement Plan data for		services and cost savings (10 days
	Department Heads and Boards &		from date of receiving BOE Budget
	Commissions submitted to Manager		per State Statutes (Public Act 13-60)
			Council Chambers – 7:00 pm
Month of November	Capital Budget Review meetings		
		March 8, 2017	Manager submits Budget to Council
Week of Dec. 12, 2016	Manager submits Capital Improvement		
	Plan to Council	March 9, 2017	Mgr. discusses Budget w/Council
			Council Chambers – 7:00 pm
January 5, 2017	Department Heads submit Budget	March 15, 2017	Mgr. discusses Budget w/Council
	to Manager		Council Chambers – 7:00 pm
		March 16, 2017	Mgr. discusses Budget w/Council
February 16, 2017	Capital Budget Public Hearing		Council Chambers – 7:00 pm
	Council Chambers - 7:30 pm		
		March 23, 2017	PUBLIC HEARING on Manager's
February 21, 2017	Board of Education submits		Recommended Budget: Board of
	Budget to Manager		Education, Town Government, Capital
			Improvement Plan - THS Auditorium
February 28, 2017	Manager convenes joint meeting		7:30 pm
•	between Council and Board of		-
	Education (by April 11 per Charter	March 30, 2017	Council Discussion – Budget Finalized
	requirement). Recommendations		Council Chambers – 7:30 pm
	& Suggestions to BOE regarding		continued on page 2





### TM Ventures, LLC dba Essex Printing & Events Magazines

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**Andre Garant** 

### www.eventsmagazines.com

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### CONTENTS

From the Town Manager's Office	1
Bulky & Metal Waste Collection	3
Tolland Recreation Department	5
Tolland Public Library	20
Tolland Planning & Development	22
Tolland Human Services	23
Economic Development Commission	25
Assessor's Office	25
Tolland Public Works Department	26
Tolland Public Safety / Law Enforcement	27
Tolland Fire Department	28
Tolland Board of Education	30

### Town Manager ... continued from page 1

April 20, 2017	ANNUAL BUDGET PRESENTATION MEETING THS Auditorium – 7:30 pm BOE is provided an opportunity to present a revised adopted budget based on funding approved by Town Council
April 24, 2017	and other line item updates Budget Presentation – Senior Center 12:30 pm
May 2, 2017	Annual Budget Referendum
By May 9, 2017	Council establish mill rate upon referendum adoption

Steven R. Werbner Tolland Town Manager

**Visit Our Town at Tolland.org** 

# Bulky and Metal Waste Collection

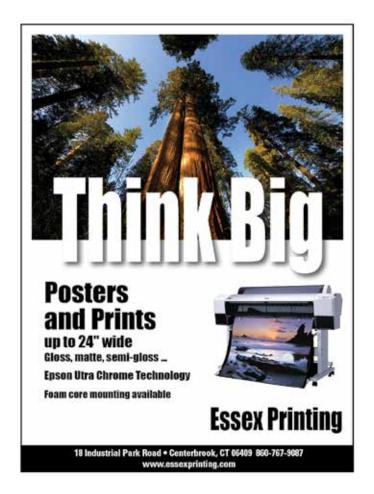
Town sponsored no charge Bulky Waste and Metal pick-ups take place during the first full week of the months of October and May only, on the same day of the week as your trash collection and a reservation is required at least (4) business days in advance of your pick-up day or your items WILL NOT be picked up.

Willimantic Waste Paper also will do ten (10) additional monthly Metal/Bulky Waste at curbside pick-ups per year with the resident being charged by the vendor \$32 per pick-up for up to four (4) reasonably sized items. Reservations are not confirmed until payment is received by Willimantic Waste Paper for those months where there is a charge. Paid reservations can only be done by calling Willimantic Waste Paper.

Oil is no longer picked up at curbside due to environmental concerns. Some auto parts businesses take used motor oil for a small fee. Bill's Auto Parts and Anderson Automotive are two local options.

Reservations are required for all bulky waste pick-ups.

You can call Willimantic Waste at (800) 286-5335 or schedule online at www.williwaste.com.





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- Joint Care for Injuries, Inflammation and Arthritis Sports Medicine for All Activities Shoulder & Knee Ligament Surgery WHAT OU

WHAT OUR PATIENTS \*Dr. Veltri performed an ACL replacement on my knee. SAY... He and his staff are very friendly and courteous.

Their professionalism, along with multiple successful referrals helped put my mind at ease throughout the preparation and recovery periods I am looking forward to playing soccer again!" - John T., Ellington

"Dr. Vettri repaired the bicep teodon and rotator cuff in my left shoulder, and after a few weeks I could lift my arm better than before my injury. The Surgical Genter also took great care of me." - John W., Tolland

"Lance knew exactly what to do for the compression fracture in my back and I was able to get back to basketball a lot sooner than I ever

**ACCEPTING PATIENTS AT BOTH LOCATIONS** 

360 Tolland Turnpike, Suite 3C, Manchester, CT

Star Hill Family Athletic Center, 100 Gerber Drive, Suite 2A, Tolland, CT

860-649-0063 www.sportsmedct.com

# **Tolland Recreation Department**

### **CONTACT INFORMATION**

104 Old Post Road Office: 860-871-3610 Fax: 860-870-6876 Info-line: 860-871-3625

### **OFFICE HOURS**

Mon.-Wed: 8:00 am - 4:30 pm Thursday: 8:00 am - 7:30 pm

Friday: CLOSED

### MAILING ADDRESS

21 Tolland Green Tolland, CT 06084

### **REGISTRATION WEBSITE:**

www.tollandrec.com

Email: tollandrec@tolland.org

### RECREATION STAFF

Director: Bruce Watt bwatt@tolland.org

Administrative Assistant: Kim Grimes

kgrimes@tolland.org

### RECREATION BOARD

Jeff Maron, Chairman Larry Gramling Ray Milvae David Boland

Anthony Ciccone Nicholas Hany

David Clokey

The Board meets every second Monday of the month. All meetings are open to

the public.

### REGISTRATION BEGINS ON - MONDAY, NOV. 14

Please visit our registration site at www.tollandrec.com

### **RECREATION NEWS**

### THANK YOU

The Tolland Recreation Department would like to thank our sponsors for the Tolland C.A.R.E.S. Program. The scholarship program was created to help children in need to get more active in recreational activities. The benefits of recreation include:

exercise (which provides the opportunity to combat obesity) and entertainment (which provides social opportunities), and much more. This scholarship is for Tolland residents only and is an ongoing program.

- \*Integrated Rehabilitation Services LLC
- \*Cider Mill Road Race
- \*Frederick Daniels DDS and Jaclyn Cattanach DMD
- \*Fenton River Veterinary Hospital
- \*Morrison and Johnson Inc.
- \*Wild Flowers of Tolland
- \*Cathy and Larry Gramling
- \*Worker's Federal Credit Union
- \*Tolland Pizza

# RECREATION DEPT. ACTIVITY AND PROGRAM PICTURES

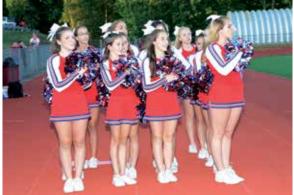
Throughout the year Andre Garant has taken pictures of our activities and programs. If you would like to view them please go to: www.flickr.com/photos/63906149@N02/

continued on page 7



# **Tolland High School Athletics**















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COVENTRY 860.498.7093

**ELLINGTON** 860.872.7500 **ENFIELD** 

MANCHESTER 860.645.3810

**SOUTH WINDSOR** 860.644.2006

860.684.6528

**SUFFIELD** 860.668.9589

PHYSICAL THERAPY

### **Recreation** ... continued from page 5

### **GENERAL INFORMATION**

### **INSURANCE**

All persons participating in Recreation Department programs should carry their own personal health insurance. The Town of Tolland is not responsible for personal injuries. Participants in all Department sponsored programs do so at their own risk.

### **ADA**

The Town of Tolland does not discriminate on the basis of race, color, national origin, sex, religion, age or disability in provision of programs and services. We are committed to assuring equal access to programs, activities, and services to all individuals. If you or a family member needs special assistance, please let us know when you register.

### **PARTICIPATION**

Only those enrolled in the program may attend. Sorry, children will not be allowed in the class room or gym during adult programs and siblings must remain seated and not disturb youth classes.

### AGE REQUIREMENT

To participate, children must meet minimum age before the class starts.

### INCLEMENT WEATHER

Program cancellations due to inclement weather are broadcast on Channel 3's Early Warning Announcements and are announced via email blasts through the Recreation Department's registration system.

### **SCHOLARSHIP PROGRAMS**

It is our policy that residents of the Town of Tolland who cannot afford to participate in programs or activities can make confidential inquiries for assistance to the Recreation Director.

# REGISTRATION INFORMATION

### MAIL-IN

Registrations are accepted on a first-come/first-served basis. Mail your completed form with separate checks for each program to:

Tolland Recreation Department 21 Tolland Green Tolland, CT 06084

Consider yourself registered if you do not hear from us. Include your email address or a self-addressed, stamped envelope with registration if you would like a copy of your receipt.

continued on page 8





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Zachary Martinez D.D.S. graduated from The College of the Holy Cross where he received his B.S. in Psychology. He then attended the University of Maryland Dental School, where he trained in advanced technology and procedures being used in dentistry today. Dr. Martinez has been trained and certified in Invisalign, implant placement and restoration, Lumineers, and sedation dentistry. As a member of the Academy of General Dentistry (AGD) and American Dental Association (ADA), he is continually keeping up with the latest research and procedures.

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630 Tolland Stage Road Tolland, CT 06084

Hours: Mon 8-5, Tues 8-5, Wed 10-7, Thurs 7-4, Fri 8-1, Sat 8-1

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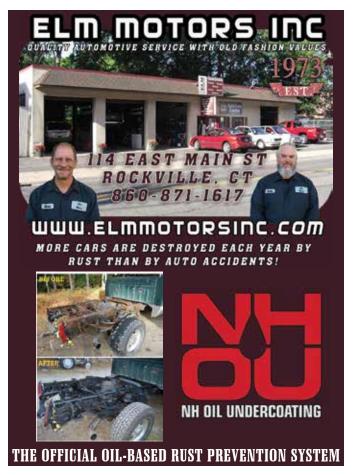
### **HOLIDAY PACKAGE**

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Elegantedgedayspa@gmail.com ElegantEdgeHairSalonandDaySpa.com



### Recreation ... continued from page 7

### **ONLINE**

Recreation Dept. Registration Website – www.tollandrec.com Town Website – www.tolland.org Participants registering online will be confirmed online. Not all classes can be registered for online; however you may view all classes.

### **FAX-IN**

860-870-6876

### **INFORMATION**

Be sure to complete all information when registering.

### **CLASSES**

We reserve the right to limit class size and to cancel classes failing to meet minimum requirements.

### **PAYMENT**

Registration is not considered valid until the program fee is paid. We accept cash, checks, Discover Card, Visa or MasterCard.

### **NON-RESIDENTS**

Add \$5.00 per participant, per program.

### **REFUNDS**

Refunds are given only prior to the start of classes or if we cancel the program. Requests for refunds must be in writing and are subject to a \$10.00 processing fee. Programs less than \$15.00 receive an account credit.

### TRIP CANCELLATION

You will be refunded only if the spot can be filled. Requests for refunds must be in writing and are subject to a \$10.00 processing fee.

### **PROGRAM LOCATIONS**

Birch Grove School, 247 Rhodes Rd, Tolland, CT Crandall Park, 64 Cider Mill Rd, Tolland, CT Cross Farms Recreation Complex, Rhodes Road Skungamung River Golf Course, 114 Folly Ln, Coventry, CT (end of Goose La)

Tolland Intermediate School (TIS), 96 Old Post Rd, Tolland, CT Tolland Middle School (TMS), 1 Falcon Way, Tolland, CT Tolland High School (THS), 1 Eagle Hill Rd, Tolland, CT Tolland Recreation Center, 104 Old Post Rd, Tolland, CT Tolland Tennis Courts, Old Cathole Rd, Tolland, CT Youth Garden, Cider Mill Rd, Tolland, CT - by Lions Field

### PARK FACILITIES

All parks are open sunrise to sunset. Dogs are required to be on a leash. Dogs are NOT allowed on athletic fields!

### **CRANDALL PARK**

64 Cider Mill Road - 350+ acre Town Park containing 3 tennis courts, 3 pickleball courts, a basketball court, softball & baseball fields, a swimming pond, bathrooms, 2.5 miles of marked hiking trails and a picnic area.

### **PAVILION**

Is an open air shelter with picnic table seating for groups of up to 75. Facilities include a large charcoal grill, horseshoe pits and a sand volleyball court. Use of a softball field is possible depending on availability. A 6' gas grill is available to rent for a nominal fee. Rental by reservation only through the Recreation Office. Call the Recreation Office at 860-871-3610 for fee schedule and available dates.

### "THE LODGE"



The Lodge is a year round rental facility available to groups of 100 or less for special events such as weddings, showers, picnics, parties or meetings. Rental rates vary for residents, non-residents, businesses, daytime, nighttime and weekends. Building contains fireplace, tables & chairs, a warming oven, microwave, and double door fridge. For available dates, fees & more information call the Recreation Office at 860-871-3610.

### RIVER PARK

South River Road - 2 Little League size baseball fields, river access.

### HERON COVE PARK

125 South River Road - Small soccer field, multipurpose field, basketball court & canoe launch.

### **TENNIS COURTS**

Old Cathole Road - Six all weather tennis courts across from Tolland Middle School.

### CROSS FARMS RECREATION COMPLEX

Rhodes Road - 3 baseball and 3 soccer fields, hiking trails, exercise stations, 18 hole disc golf course, concession stand and Adam's Adventure, an all-inclusive play structure.

### ALL WEATHER TURF FIELD

A beautiful, lighted synthetic turf field at Tolland High School. The field - with permanent lines for football, soccer and lacrosse - is available to rent for a variety of practices, games and other events. To find out more, call the Recreation Department at 860-871-3610 or go to the web site www.tolland.org/recreation.

The Town of Tolland is an Equal Opportunity Employer. www.tolland.org

### **TOLLAND YOUTH SPORTS LEAGUES & GROUPS**

Tolland Boys Travel Basketball - www.tollandbasketballclub.com
Tolland Girls Travel Basketball Tollandgirlstravelbasketball@gmail.com
Tolland Lacrosse - www.tollandlacrosse.org
Tolland Little League - www.tollandlittleleague.org
Tolland Soccer Club - www.tollandsoccer.com
Tolland Youth Football & Cheerleading www.tollandeaglesyouthfootball.com
Tolland Garden Paths Youth Garden www.tgpyouthgarden@comcast.net

### **PUBLIC SERVICE AGENCIES**

Tolland Library: 860-871-3620 Tolland Senior Center: 860-870-3730

Tolland Human & Youth Services: 860-871-3648

### **RENTALS**

RENT A ROOM FOR PARTIES, EVENTS OR WEEKEND MEETINGS

Want to have a party for your son or daughter but don't have the space in your house? The Tolland Recreation Center has rooms available to rent for parties, small gatherings, weekend meetings or similar events. Want a special birthday party? Why not rent our gym? Rooms are available for meetings on a limited basis to non-profit groups at no cost. Call the Recreation Office at 860-871-3610 to get rates and check on availability.

### THE LODGE at CRANDALL PARK II

A year-round rental facility overlooking Powell Pond; 124 Cider Mill Road, Tolland, CT 06084.

Available to residents, non-residents, businesses, etc. in groups of 100 or less for special events such as weddings, showers, picnics, parties, or meetings. The building contains tables & chairs, a warming oven, microwave, and double door fridge. Built in 1991, it is located in the middle of a 300+ acre town park. Nestled on a wooded hilltop overlooking a quiet pond, its singular design blends with the rustic surroundings to create a warm and serene atmosphere. A covered deck on two sides adds to the down home feeling, while inside a large fieldstone fireplace, a cathedral ceiling, and cedar siding completes the picture. The Lodge is heated for year-round use, and is available weekdays, weeknights, or weekends. Call the Recreation Department office at (860) 871-3610 for more information, rental fees and available dates.

### continued on page 10

### Recreation ... continued from page 9

Amenities:

- Kitchen with warming oven, microwave, double door refrigerator (no freezer)
- Two sided fieldstone fireplace
- Cedar planking on interior walls
- Tables & chairs to accommodate groups of up to 100
- Clean bathrooms
- Sound system with CD player, iPod connection
- 6 gas grills (available for additional charge)
- Horseshoe pits
- Easy access to hiking trails and fishing pond

# PRESCHOOL PROGRAMS TOLLAND TYKES PRESCHOOL



For 3 & 4 year olds.
Classes begin September 2017
Our 3 year old class meets on
Tuesdays and Thursdays from 9:00
am to 11:30 am, September through
May (32 weeks). The tuition for this
program is \$1,025.00 payable in \*two
(2) installments (August & January).
Children must be 3 years old on
or before December 31st. 4 year
old class meets on Mondays,

Wednesdays & Fridays from 9:00 am to 12:00 pm, September through May (32 weeks). The tuition for this program is \$1,580.00, payable in two (2) installments (August & January). Children must be 4 years old on or before December 31st. We will be holding an open enrollment on a first-come, first-served basis. To register, fill out our department's registration form and mail to the Tolland Recreation Department, 21 Tolland Green, Tolland, CT 06084, along with your \$100.00 non-refundable deposit to hold your child's place. The deposit will be applied toward your tuition fee. Registration forms can be found on our department's website at www.tolland.org or www.tollandrec.com. For more information or if you have any questions, please check out our website at www.tollandrec.com or feel free to contact the Recreation Office at (860) 871-3610.

### TOLLAND TYKES PRESCHOOL OPEN HOUSE

Tolland Tykes will be hosting an Open House on Wednesday, January 18, 2017 (snow date Wednesday, January 25, 2017) from 6:00 to 7:30 pm at the Tolland Recreation Center, 104 Old Post Road, Tolland, CT. Come meet the teachers and see what we are all about!

### PEE WEE SOCCER-BOYS AND GIRLS

Pee Wee Soccer is a co-ed soccer program that focuses on skill development and small sided games. This is an entry level program to introduce the very basics of the sport to girls and boys with the emphasis on fun. The program runs for 6 weeks and

is one hour long. Volunteer coaches are needed.

Day: Sundays

Date: January 08 - February 12, 2017

Time: Starting at 12:30 (schedule will vary depending

on registration)

Ages: 3-5 Fee: \$60.00

Location: Tolland Recreation Department

### FIT TOTS



The focus of this program is to get children involved in physical activity at an early age. This unique class will combine stretching, movement, and other fitness concepts with running, jumping, throwing, and other skills. Boys and girls will participate in exercise, dancing and fun games. Instructor: Patricia Stauder (Ms. Pat)

Day: Wednesdays

Date: January 18 - February 08, 2017

Time: 5:30-6:15 pm

Ages: 3 - 5

Fee: \$40.00 per session

Location: Tolland Recreation Center

### MUSIC and MOVEMENTS for TOTS

A wonderful group experience! Come sing, dance, play and move to the beat. This stimulating program will introduce children to a variety of music and instruments. Instructor Jill Maznicki will lead the class in finger plays, songs, bounces, and developmentally appropriate group activities. Parent participation is required.

Day: Fridays

Date: Session 1: January 06 - February 24, 2017

Session 2: March 10 - May 5, 2017 (No class 4/14)

Time: 9:30 -10:15 am

Ages: 1-3 Fee: \$65.00

Location: Tolland Recreation Center

### **INSTRUCTIONAL BASKETBALL - SATURDAYS**

This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way!

continued on page 12

# New England Arborists Tree Care, LLC a higher standard

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**Risk Assessment of Hazardous Trees** 

**Year-Round Services** 





Damon Collins Tolland, CT Office: 860.454.7866

Mobile: 860.985.6034 Or Visit: www.neatc.net

Our Consultations are always complimentary License S-5664 / B-2706

### Recreation ... continued from page 10

Bring water bottle and wear sneakers. Instructor Kristyn Leary

Day: Saturdays

Date: January 21 - February 25, 2017

Time: 8:00-8:45 am (Age 4)

9:00-9:45 am (Age 5) 10:00-10:45 am (Age 6) 11:00 am - noon (Ages 7-8)

Ages: 4 - 8

Fee: \$40.00 per session (Ages 4-6)

\$45.00 per session (Ages 7-8)

Location: Tolland Recreation Center

### SKYHAWKS -Tiny-Hawks



This multi-sport program is designed to give children a positive first step into athletics. The essentials of basketball and soccer are taught in a safe and structured environment with lots of encouragement and a big focus on fun. Helps with balance, eye/hand coordination and skill development. Our staff is trained to handle the specific needs of these young athletes.

Instructor - Skyhawks Staff. Day: Wednesdays

Date: January 18 - February 22, 2017

Time: 5:15-6:00 pm

Ages: 3-4 Fee: \$85.00

Location: Tolland Recreation Center

### YOUTH PROGRAMS

### ADULT AND CHILD CPR/FIRST AID/ AED CERTIFICATION COURSE

The Adult and Child CPR/AED teaches students how to respond to breathing and cardiac emergencies to help adult/child victims (about 12 years and older). Students who successfully complete this course will receive a certificate for Adult and Child CPR/First Aid/AED, valid for two years. Instructor: Bruce Watt; American Red Cross Trainer

Day: Saturday

Date: January 21, 2017 Time: 8:00 am-12:30 pm Ages: 16 and up Fee: \$70.00

Location: Tolland Recreation Center

### TOLLAND RECREATION AFTER SCHOOL PROGRAM

Open to boys and girls in grades 3-8. We are happy to be able to offer this program as an alternative to your child going home alone. Our program runs out of the Recreation Center and participants will be met at the Tolland Intermediate School and walked up to our building. You have the option of signing up for 3, 4 or 5 days a week. Program participants will have the opportunity to work on homework, enjoy some quiet time, have a snack and then expend energy participating in games and sports either in the gym or outside. Instructor: Tolland Recreation Staff

Day: Monday - Friday

Date: August 31, 2016 – June 09, 2017

Time: 2:30 pm - 6:00 pm

Ages: Grades 3-5 and Grades 6-8

Payment Rates are per month: Due on or before

the 15th of each month

3 days a week-\$150.00 per month 4 days a week-\$190.00 per month 5 days a week-\$230.00 per month Location: Tolland Recreation Center

### **BABYSITTER SAFETY - 101**

This course is for youths 10 to 15 years of age with the most common age being 12. This is an entry level course intended to teach age-appropriate skills necessary to care for children of all ages using team babysitting, mother's helper and individual babysitting concepts. The course focuses on safety with emphasis on prevention. Basic first aid and obstructed airway management for a conscious choking adult/child and infant will be covered. Other topics include hand washing, diapering, bottle feeding, personal safety, interview skills and many more topics. Booklet, handouts and Babysitter Safety Certificate of completion included. Bring a snack.

Instructor: LifeSafe Services Staff

Day: Saturday

Date: February 4, 2017 Time: 9:00 am – 1:00 pm

Ages: 10 and up Fee: \$50.00

Location: Tolland Recreation Center

### **BABYSITTER SAFETY COURSE 102**

This course is for youths 13 to 16+ years of age with a sincere interest in advanced concepts and skills of first aid, including CPR certification. Building on the entry level skills from Babysitter 101, objectives for this scenario-based, expanded course includes additional First Aid concept, Adult/Child

and Infant CPR. Requires written and skills testing to receive 2 year certification. Student receives book, handouts and Rescue Shield breathing barrier device. Prerequisite: Babysitter Safety 101 within the last 365 days.

Instructor: LifeSafe Services Staff

Day: Saturday

Date: February 18, 2017
Time: 9:00 am - noon
Ages: 13 and up
Fee: \$50.00

Location: Tolland Recreation Center

### YOUTH SPORTS

### **RECREATION YOUTH BASKETBALL - SATURDAY**

For boys & girls in Grades 3 through 12

Last Chance to Register!

A fun program designed to help improve individual skills and learn the fundamentals of basketball. Separate program for boys and girls.

Boys League: Grades 3rd& 4th, 5th& 6th, 7th& 8th

and 9th - 12th

Girls League: Grades 3rd – 5th and Grades 6th – 9th All practices and games take place on Saturdays, starting December 10th through March.

Times will vary based on number of teams in each age category. Please DO NOT wait to register. Register online, by mail, fax or in person. Register at: www.tollandrec.com



Registration Fee: November 4 - 27, 2016: \$90.00 We will not accept registrations after November 27, 2016 Volunteer coaches are needed for all age groups – Coaches training provided. Call the Recreation Office at 860-871-3610.

Day: Saturdays

Date: December 10 - March

Time: TBA

Ages: Grades 9-12 Fee: \$90.00 Location: TBA continued on page 14

**Tolland Eye Care** 



Healthy Vision for Life

- Comprehensive Eye Exams
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Gayle A. Block, D.V.M., M.S. Lisa DeRosa, D.V.M. Theresa Lamontagne, D.V.M.

# Learn about the new Verizon Plan at Wireless Zone® of Tolland.

### verizon√

Your local wireless experts.

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Tolland 200 Merrow Rd 860-870-0100

WirelessZone.com/Tolland

### WIRELESS ZONE

### Recreation ... continued from page 13

### INSTRUCTIONAL BASKETBALL- MONDAYS



This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way!
Bring water bottle and wear sneakers. Instructor Kristyn Leary

Day: Mondays

Date: January 23 - March 06, 2017 (no class 2/20)

Time: 5:45-6:30 pm (Ages 5-6) 6:30-7:30 pm (Ages 7-8)

Ages: 5-8

Fee: \$40.00 per session (Ages 5-6)

\$45.00 per session (Ages 7-8)

Location: Tolland Recreation Center

### INSTRUCTIONAL BASKETBALL - SATURDAYS

This coed class will teach the basic skills such as, dribbling, passing, shooting and sportsmanship in a fun way!

Bring water bottle and wear sneakers. Instructor Kristyn Leary

Day: Saturdays

Date: January 21 - February 25, 2017

Time: 8:00-8:45 am (Age 4)

9:00-9:45 am (Age 5) 10:00-10:45 am (Age 6) 11:00 am-noon (Ages 7-8)

Ages: 4 - 8

Fee: \$40.00 per session (Ages 4-6)

\$45.00 per session (Ages 7-8)

Location: Tolland Recreation Center

### JUKIDO-BEGINNER



Based on the ancient art of Jujitsu, Jukido helps build focus, determination, confidence and sportsmanship. The emphasis is on safety and doing ones best while learning the basic principles and self-defense techniques. Instructor Todd Sise is a 4th degree black belt certified with the International Kokondo Association

Day: Tuesdays

Date: January 10-March 21, 2017

(no class 2/21)

Time: 6:00 - 7:00 pm

Ages: 6-8

Fee: \$46.00 per session

Location: Tolland Recreation Center

### **JUKIDO-Youth**

This class builds on the fundamentals learned in the Beginner class. Helps build focus, determination, confidence and sportsmanship. Instructor Todd Sise is a 4th degree black belt certified with the International Kokondo Association

Day: TUESDAYS

Date: January 10 - March 21, 2017 (no class 2/21)

Time: 7:00-8:00 pm

Ages: 9-14

Fee: \$46.00 per session

Location: Tolland Recreation Center

Day: THURSDAYS

Date: January 12 - March 16, 2017

Time: 6:00-7:00 pm

Ages: 6-14

Fee: \$46.00 per session

Location: Tolland Recreation Center

### DODGEBALL AFTER SCHOOL

A chance for some after school fun playing the popular game of dodgeball. The players will use super soft foam balls and safety is stressed. Each week different styles of dodgeball are learned. The



emphasis will be on teamwork and sportsmanship. Participants will be met at school and walked up to the Recreation Center.

Instructor: Rich Lavigne Day: Wednesdays

Date: January 18 - February 22, 2017 (No class 1/25)

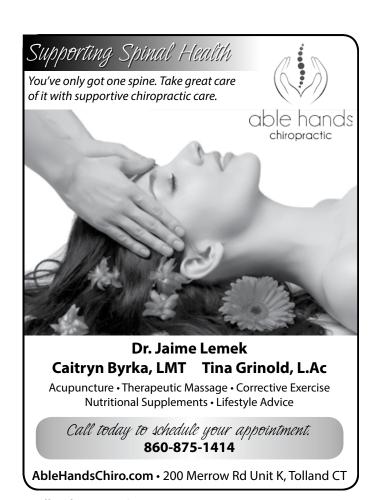
Time: 3:30-5:00 pm Ages: Grades 3rd-5th Fee: \$30.00 per session

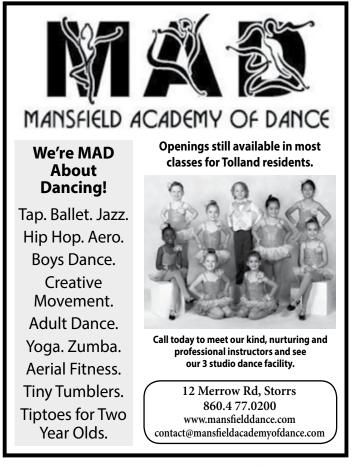
Location: Tolland Recreation Center

### SKYHAWKS - Mini-Hawks

This multi-sport program is designed to give children a positive first step into athletics.

continued on page 16





### Recreation ... continued from page 15

The essentials of basketball and soccer are taught in a safe, structured environment with lots

of encouragement and a big focus on fun.

Helps with balance, eye/hand coordination and skill development.

Our staff is trained to handle the specific needs of these young athletes.

Instructor: Skyhawks Staff Day: Wednesdays

Date: January 18 - February 22, 2017

Time: 6:05 pm-6:50 pm

Ages: 5-7 Fee: \$85.00

Location: Tolland Recreation Center

### **ADULT SPORTS**

### **PICKLEBALL**



Are you looking to meet new people, workout, or just have fun? Then pickleball is for you! Come join us for some fun playing one of the fastest growing sports in America. Pickleball is a racquet sport that combines badminton, tennis and ping pong all in one and is easy to learn.

Instructor: Ken and Liz Brown

Day: TUESDAYS

Date: January 03 - February 21, 2017

Time: 4:30-5:45 pm Ages: 45 and up

Fee: \$32.00 per session

Location: Tolland Recreation Department

Day: THURSDAYS

Date: January 05 - February 23, 2017

Time: 5:00-6:15 pm Ages: 45 and up

Fee: \$32.00 per session

Location: Tolland Recreation Department

### BASKETBALL - Pick up

The benefits of basketball include great aerobic exercise. It provides a wonderful cardiovascular workout, improves heart health, stamina and lung capacity. The quick movements exercise your joints and muscles and improve strength and flexibility. In other words, it provides a complete workout and allows you to meet new people while having fun! Pickup games using multiple courts. Register with the Recreation Department for a reduced rate or pay the drop in for \$5.00 an evening.

TOLLAND RESIDENTS ONLY. Instructor: Phil Doucette

Day: MONDAYS

Date: January 23 - March 20,

2017 (no class 2/20)

Time: 7:00-9:00 pm Ages: 19 and up

Fee: \$35.00 per session or

\$5.00 per walk-in

Location: Tolland Middle School

Day: WEDNESDAYS

Date: February 01 - March 29, 2017

(no class 3/22)

Time: 6:30-8:00 pm Ages: 35 and up

Fee: \$32.00 per session or \$5.00 per walk-in

Location: Tolland Middle School

Day: WEDNESDAYS

Date: February 01 - March 29, 2017 (no class 3/22)

Time: 8:00-9:30 pm Ages: 19 and up

Fee: \$32.00 per session or \$5.00 per walk-in

Location: Tolland Middle School

### VOLLEYBALL (Coed)



If you are looking for a fun way to improve your health, volley-ball could be the sport for you. Join us for coed pickup games. No experience necessary. Our experienced instructor will help you learn the game, or if you have experience he will help you improve. A good opportunity to meet new people and make new friends. Sign up with the recreation department at the reduced rate or pay the drop in rate \$5.00 an evening.

Instructor: Sue Vang
Day: Mondays

Date: January 23 - March 20, 2017 (no class 2/20)

Time: 7:00-9:00 pm Ages: 16 and up

Fee: \$32.00 per session; \$5.00 per walk-in

Location: Tolland Intermediate School

### **VOLLEYBALL (Power)**

If you have some experience as a volleyball player this program is for you. Coed pickup games for fitness and fun. Improve your game and meet new people while getting a good cardiovascular workout. Build muscle and burn fat. Sign up with the Recreation Department at the reduced rate or pay the drop in rate for \$5.00 an evening.

Instructor: Sandy Willis Day: Tuesdays

Date: January 24 - March 21, 2017 (no class 2/21)

Time: 7:15-9:15 pm Ages: 18 and up

Fee: \$32.00 per session; \$5.00 per walk-in

Location: Tolland Intermediate School

### **JUKIDO ADULT**

Jukido is a style of Japanese Jujitsu founded centuries ago. Jujitsu was used by Japan's elite warrior class, the samurai, in battle-field combat. Jukido emphasizes safety and doing one's best in a no-nonsense approach to self-defense.

Instructor Todd Sise, International Kokondo Association & 4rd Degree Black Belt

Day: Tuesdays

Date: January 10 - March 21, 2017 (no class 2/21)

Time: 8:00-9:00 pm Ages: 15 and up Fee: \$46.00

Location: Tolland Recreation Center

### KOKONDO KARATE

Kokondo Karate, a Japanese style of karate, uses principles indigenous to the far east and draws from the most effective and traditional techniques from Japan, Okinawa and China. The emphasis is a no-nonsense self-defense and perfection of technique.

Instructor Todd Sise, International Kokondo Association & 4rd Degree Black Belt

Day: Tuesdays

Date: January 10 - March 21, 2017 (no class 2/21)

Time: 8:00-9:00 pm Ages: 14 and up Fee: \$46.00

Location: Tolland Recreation Center

### **ADULT EDUCATION**

### **Ed 2 GO - ONLINE COURSES**

Take an online class...and learn on your own terms! Here at the Tolland Recreation Department we offer a wide range of ed2go courses that you can take from the comfort of your own home. All of our courses include expert instructors, many of whom are

nationally known authors. Our online courses are affordable, fun, fast, convenient, and geared just for you. Classes as low as \$95! Ready to explore our catalog? Visit www.ed2go.com/TollandRec.

### YOGA AM & PM

The aim of this class is to learn to develop strength and flexibility and reduce stress by performing a series of breathing exercises, warm-ups, simple yoga postures, and meditation techniques to stretch and strengthen the body and calm the mind. No prior experience necessary. Please bring a sticky mat if you have one and a blanket or towel. Register with the Recreation Office or drop in for \$8.00 a class. Instructor: Amy Evans

**Yoga Incentive Program:** If you get a friend to sign up, you will receive 2 FREE class vouchers which can be used at any Tolland Recreation Department Yoga class within 9 months.

Day: TUESDAYS - AM

Date: November 29 - February 14, 2017

(no class 12/20 and 12/27)

Time: 9:00-10:00 am Ages: 16 and up

Fee: \$65.00 per session or \$8.00 per walk-in

Location: Tolland Recreation Department

continued on page 18

# Parkinson's Exercise Program

East Shore Region Adult & Continuing Education is hosting classes.

Beat Parkinson's Today is an exercise program designed specifically to improve Parkinson's symptoms.

There are presently 12 classes per week in 4 locations in CT with almost 50 Parkinson's clients participating.

Results have been astounding.
Clients have improved gait, balance,
fine motor control, explosive movement, attitude,
self-image, and fatigue. Some have lowered
their dosage of their medications.

### 860.463.3747

email at info@beatpdtoday.com, or visit web-site www.beatpdtoday.com

### Recreation ... continued from page 17

Day: THURSDAYS - AM

Date: December 01- February 16, 2017

(no class 12/22 and 12/29)

Time: 9:00 - 10:00 am Ages: 16 and up

Fee: \$65.00 per session or \$8.00 per walk-in

Location: Tolland Recreation Department

Day: MONDAYS - PM

Date: November 28 – February 13, 2017

(no class 12/19, 12/26, 1/2, 1/16)

Time: 6:00 - 7:00 pm Ages: 16 and up

Fee: \$52.00 per session or \$8.00 per walk-in

Location: Tolland Recreation Department

Day: WEDNESDAYS - PM

Date: November 30-February 15, 2017

(no class 12/21 and 12/28)

Time: 6:00 - 7:00 pm Ages: 16 and up

Fee: \$65.00 per session or \$8.00 per walk-in

Location: Tolland Recreation Department

### **ZUMBA**®

Zumba is perfect for everybody! Each Zumba\* class is designed to bring people together to sweat. We take the "work" out of workout, by mixing low-intensity and high-intensity moves for an interval-style, calorie-burning dance fitness party. Once the Latin and World Rhythms take over, you'll see why Zumba\* fitness classes are often called exercise in disguise. Zumba\* is a total workout, combining all elements of fitness – cardio, muscle conditioning, balance and flexibility, boosted energy and a serious dose of awesome each time you leave class.

Instructor: Marisa Paradis

Day: Thursdays

Date: Session 1:December 01- February 2, 2017

(no class 12/22 and 12/29)

Session 2: February 16- April 6, 2017

Time: 6:30-7:30 pm Ages: 16 and up

Fee: \$40.00 per session or \$8.00 per walk-in

Location: Tolland Recreation Department

### **KNITTING CLASS**

Beginners, novice, intermediate or expert knitters; this is your class. Bring your problems, questions, or unfinished projects. The basics of knitting will be explored. Casting on, binding off, the knit stitch, the purl stitch, simple knit & purl combinations, simple cables, reading & interpreting patterns & abbreviations. Come join the fun and learn a thing or two. Materials are covered by the student according to individual patterns. All students will need a skein of worsted weight yarn & needles, size 6, 7 or 8 to practice stitches & techniques. Instructor: Lori D'Andrea

Day: Tuesdays

Date: January 17 - March 14, 2017 (No class 2/21)

Time: 6:30-8:00 pm Ages: 16 and up

Fee: \$45.00 per session Location: Birch Grove School

### ADULT AND CHILD CPR/

### FIRST AID/AED CERTIFICATION COURSE

The Adult and Child CPR/AED teaches students how to respond to breathing and cardiac emergencies to help adult/child victims (about 12 years and older). Students who successfully complete this course will receive a certificate for Adult and Child CPR/First Aid/AED valid for two years.

Instructor: Bruce Watt; American Red Cross Trainer

Day: Saturday

Date: January 21, 2017 Time: 8:00 am - 12:30 pm

Ages: 16 and up Fee: \$70.00

Location: Tolland Recreation Center

### **TRIPS**

For residents of Tolland, Ashford, Coventry, Ellington, Mansfield and Willington. (Spaces must be reserved through your town of residence).

### A Day on Your Own in New York City

Enjoy a day in the "Big Apple" with friends and family. Get a jump start on your holiday shopping, visit the museums, see a Broadway show or just enjoy the sights of the city. Bus drop-offs/pick-ups in New York City will be determined by the driver on the day of the trip.

Date: Saturday, December 10, 2016
Departs From: Tolland Commuter Lot, I-84 Exit 68

(Near Dunkin Donuts)

Departure: 7:00 am

Return Time: Approx. 10:30 pm

Fee: \$52.00 Per Person (fee includes bus

transportation only)

### A Day on Your Own in Boston

Plan a fun day in Boston! We'll take you to Boston, drop you off at several locations and pick you up at a pre-determined location at the end of the day. The bus will drop off at the following locations and public transportation is available for many others (info can be found at www.mbta.com).

- **Boston Flower Show:** Held at the Seaport World Trade Center. This year's theme is Superheroes of the Garden! For more info and to purchase tickets, check out http://www.bostonflowershow.com.
- **Boston Science Museum.** Trip-goers can easily spend an entire day exploring this museum. For more info about exhibits and special events and to purchase advance tickets, check out www. mos.org.
- Quincy Market and Faneuil Hall. Trip-goers can walk around,

shop and get great food at this historic area in Boston. More information can be found at www.faneuilhallmarketplace.com.

Date: Saturday, March 25th Reg. Deadline: Friday, March 10th

Departs From: Tolland Commuter Lot, I-84 Exit 68

(Near Dunkin Donuts)

Departure Time: 7:00 am
Return Time: 7:00 pm
Fee: \$40 per Person

### looking forward to more trips in 2017:

April 22 - 9/11 Memorial; Manhattan Trip

May 13 - Bronx Zoo

June 10 - Red Sox vs Detroit Tigers

### RECREATION HAPPENINGS

### THE EAGLE FREEZE!

The Tolland Recreation Department is challenging everyone to the Eagle Freeze! Come and jump in the ICY WATERS OF CRANDALL PARK!! Participants are asked to raise a minimum of \$25 to participate in the event. Participants are encouraged to dress in costumes. All the profits will benefit youth programming for the Recreation Department, Tolland High School Athletics, and the Tolland Fire CERT Team. Awards will be handed out for the following categories: Most money raised by an individual

Date: February 25, 2017 Ages: 8 and older

Time: 1:00 pm (please check in NO LATER than

12:30 pm at the Concession Stand)

Location: Crandall's Park, 64 Cider Mill Road

Fee: Minimum of \$25 donation

### LETTERS TO SANTA

Best individual costume

Santa's elves will be collecting letters left in the mail boxes at the Post Office, Birch Grove School, Tolland Intermediate School and Tolland Library beginning Monday, November 28th through Wednesday, December 14th, 2016. It is so hard for Santa to write back when a child doesn't include their FULL NAME & ADDRESS, so please be sure that children include them.

### TCW's SNACK WITH SANTA AT CRANDALL'S LODGE

Saturday, December 10 - Celebrate Christmas in Tolland with



old-fashioned fun on Dec. 10, 2016. To the delight of many local families, Tolland Community Women will once again run Snack with Santa at The Lodge at Crandall II from 10:00 am to 1:00 pm. Each child will receive a passport to fun activities, including a special visit with Santa, story time with Mrs. Claus, a sugar cookie and hot chocolate snack, and simple holiday crafts.

continued on page 20

# **Tolland Town Directory**

DEPARTMENT	PHONE
Animal Control	(860) 871-3676
Assessor's Office	(860) 871-3650
Building Department	(860) 871-3601
Elections Administration	(860) 871-3634
Emergency Management	(860) 871-3677
Finance Department	(860) 871-3653
Fire Department/Ambulance (Non-Emergency)	(860) 871-3677
Fire Marshal	(860) 871-3677 x2143
Health District/Sanitarian	(860) 871-3608
Human Resources	(860) 871-3600
Human Services	(860) 871-3648
Library	(860) 871-3620
Planning & Development	(860) 871-3601
Police - Kevin Eklund, Admin. Resident Trooper Lori Sherwood, Secretary	
Probate Court	(860) 871-3640
Public Safety (Non-Emergency)	(860) 871-3677
Public Works	(860) 871-3696
Recreation DepartmentInformation Line	
Senior Services	(860) 870-3730
Solid Waste & Recycling	
Tax Department	(860) 871-3657
Tolland Tykes Preschool	(860) 871-3610
Town Clerk	(860) 871-3630
Town Engineer	(860) 871-3601
Town Manager's Office	(860) 871-3600
Youth Services	(860) 871-3612

### Recreation ... continued from page 19

All of this takes place in a beautifully decorated Lodge. Admission is \$15.00 per child and includes a free 4"x6" digital photo with Santa is included. (Children under 1 year are free, with a \$40 family maximum.) For more information contact: Kathy.Aldrich @sbcglobal.net. To add to the fun, a wonderful array of Christmas ornaments will be available for purchase with free personalization, along with a selection of stockings and stuffers. Proceeds support

the club's community service projects and charitable donations. To learn more about Tolland Community Women, which has been serving the community for over 50 years, follow our Facebook page. Membership is open to all interested women 18 and older, living in Tolland or nearby communities. New members are always welcome. For membership information, contact Pam at phowe425@sbcglobal.net.

# **Tolland Public Library**

### LIBRARY PROJECT



If you have not already stopped in to see our new space, please do so. The windows and light are wonderful! The reading room and preschool area are quite popular and are often occupied. Please remember that half of our collection is in storage so if you are trying to obtain a storage item let us know and we will try to get it

from another library. Progress is being made in our old space as trenches have been dug and windows constructed. Move in time seems likely in December and a grand reopening celebration will take place shortly after that.

### ADULT PROGRAMS Social Media Marketing

The Tolland Public Library Foundation will continue its informative series for small businesses and non-profit groups with a talk on "Social Media Marketing" on November 17 from 6:30 pm to 8 pm in Conference Room A of Tolland Town Hall at 21 Tolland Green. April Woodcock, managing partner of Touching Clients of Norwich, will teach the most effective strategies for creating email newsletters. Participants will also learn how to get more people open their email campaigns and how to make the campaigns more effective marketing tools. The talk is free, but registration is required. To register, call the library at 860-871-3620 or visit tolland.org/library to register.

# WHY YOU NEED AN INSPIRATIONAL MORNING RITUAL!

Imagine what you can achieve when you are filling your own emotional, mental, physical and spiritual tank? Feeling like your days are not productive, rushed, chaotic? Try developing a morning ritual that is sacred and nurturing for you in all your greatness, brilliance, and quirkiness! On Tuesday, November 29 at 6:30 pm, Michelle Lemoi will talk about dreaming big and designing a life that focuses on making yourself a priority.

Michele offers life coaching to those who want to make a difference in their own lives. Please call the library to register (860 871-3620) or go online at tolland.org/library and scroll down to Online Library Events Calendar.

# CONNECTICUT CIVILIAN CONSERVATION CORPS CAMPS

Marty Podskoch, the author of "Connecticut Civilian Conservation Corps Camps: History, Memories & Legacy of the CCC," will talk about his book on Wednesday, December 7 at 6:30 pm in Conference Room A of Town Hall. The CCC was a public works program that operated from 1933 to 1942. In Connecticut there were 21 camps located throughout the state. Please call the library (860 871-3620) to register for this event or sign up online at tolland.org/library and scroll down to Online Library Events Calendar.

### **ONGOING GROUPS**

The Cook Book Club meets the third Monday of the month at 6:30 pm.

The Adult Book Discussion Group meets on the third Tuesday of the month at 2 pm.

The Writers' Workshop meets on the third Tuesday of the month at 6 pm.

Knitting at Night meets on the second and fourth Tuesday of the month at 6:30 pm.

Nookless Knitters meet every Friday at 10 am.

### CHILDREN'S PROGRAMS

Author Jane Sutcliffe: Fans of the bard (William Shakespeare, of course!) will enjoy Tolland author Jane Sutcliffe's insight into his lasting contributions to the English language as she presents her newest children's book, "Will's Words," on Thursday, November 17th at 6:30 pm. For word lovers of all ages, from elementary age up. This program is free but sign-up is requested. In Conference Room B.

**WINTER STORY TIMES** at the library begin the week of January 3rd. Parents and caregivers may sign up for: Books & Babies for babies 6 to 23 months old. Meets on: Wednesdays at 11:15 – 11:45 am.

Preschool Story time for ages 3 to 5. Meets on:

Wednesdays at 10:15 am. Toddler Story Time for ages 2 to 5. Meets on: Thursdays at 10:30 am.

# LIBRARY/FAMILY RESOURCE CENTER STORY PLAYGROUP

**1,000 Books Before K** for ages 2 to 5. Meets on: Tuesdays at 10:15 – 11:15 am.

**PJ Story times:** for families with children ages 2 to 8. Held on selected Thursdays at 6:30 – 7 pm. Children are invited to come in PJs and to bring a favorite stuffed animal. No sign up required.

**Make Mine a Caldecott**, story/art program for grades K – 2. Children will look at some Caldecott-winning titles for inspiration and create their own art work. From 2:30 – 3:30 pm on Wednesday, January 25th (school half-day).

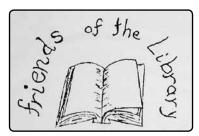
The library's annual **Take Your Child to The Library Day** will be held on: Saturday, February 4th, 2017. Stop by to play a game, do a puzzle, read aloud, make a bookmark – and of course, take out lots of books! Check our online events calendar for specific times and program listings for the day.

**Reading Therapy dogs** for grades K and up. Registered reading assistance therapy dogs will be at the library each month in the new year. Contact Mrs. B to sign up your child for a boost of reading confidence (vbrousseau @tolland.org). It's great read aloud practice in a nonjudgmental setting.

### TEEN POETRY SLAM

Teen poets at the middle and high schools, get your best poems ready in January and February for the library's annual teen poetry slam, sponsored by the Tolland Public Library Foundation, which will be coming up later this year (date TBA). For poets in grades 8-12. Entry forms and more information will be available at the library.

Tolland Library children's and young adult events are free and open to the public. For more information check our online events calendar www.tolland.org/library), call 860-871-3620, or contact the children's librarian at: vbrousseau@tolland.org.



The Friends is a long standing, non-profit organization dedicated to supporting and providing additional funding for library activities and materials, museum passes and programs. All you have to do to be a Friend is give a monetary donation. Almost 100% of your donation goes directly to the library. If you would also like to be an active supporter, our meetings are held the first Monday of the month (Sept.-June). We would love to have you join us!

### NO FESTIVAL OF TREES 2016

Due to the construction for the expansion of the library, the Festival of Trees will not be held this year. The Friends are looking forward to displaying an array of creatively decorated trees in 2017 in our bright and beautiful library.

### DICTIONARY PROIECT

The Friends will be participating in this community outreach project again this year. In late November, each of Tolland's third grade students will receive their own dictionary as a gift from the Friends of Tolland Public Library. We are pleased to offer support to Tolland's students and assist them in becoming good writers and active readers.

### HOLIDAY BOOK BUNDLES

Give the gift of reading this holiday season - to yourself or someone on your list. For \$5 you can purchase a collection of gently used books festively tied with ribbon. Shop locally and support your library. Look for the holiday display after Thanksgiving. New bundles will be available throughout December, so check back often.

### **HOLIDAY COOKIE SALE**

There Will Be Cookies! On Saturday, December 10th, the Friends will hold their annual cookie platter sale at the Senior Center from 9 – 11 am. Our 2-pound platters include a wide variety of delicious homemade goodies. Pre-ordering is highly recommended. Another way to show your support - sign up to be a baker. A sheet for volunteer bakers will be available at the circulation desk in mid-November. Orders for platters and payment (\$13 each) can also be made at the circulation desk.

### Thank you for your FRIENDship!

Support of our annual fundraisers makes a real difference in helping the library serve our community. Your loyalty helps turn the ordinary into the extraordinary and enables the Friends to make our library better for you. We appreciate and recognize the value of your patronage.

Want to reach every home & business in town?

**Call Tom Fortin at 860.299.4568** 

## **Tolland Planning & Development**

### WHAT'S HAPPENING IN THE TOLLAND VILLAGE AREA?

This article summarizes what has happened and what would need to happen for development to occur in the Tolland Village Area (TVA). The TVA is a roughly 90-acre zoning district on Merrow Road immediately north of the I-84 interchange. It includes the land behind Dunkin Donuts /Anderson Automotive and behind Papa T's/Subway/Mobil.

In 2006, the town conducted a visioning process with hands-on public meetings to explore development potential and desirable development patterns. This process culminated in a 2007 report, which can be viewed on the town's website (go to www.tolland.org and navigate to "Planning & Development," "Planning," "Tolland Village Area.")

In 2008, the Planning & Zoning Commission began to update the Plan of Conservation and Development (POCD). The Commission conducted a statistically-valid telephone survey which indicated that 64% of residents supported the creation of a village-type town center, in a walking-friendly setting with community gathering spots and shops. The POCD recommended that the town work further on identifying the desired form and appearance of development and uses and then rezone accordingly.

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In 2010, the Commission had discussions with property owners and held public meetings to obtain input on desirable uses, development intensity, styles of buildings and other development considerations. This process resulted in new Zoning Regulations for the Tolland Village Area and Design Guidelines. The regulations were not based upon an actual development, a market analysis or a detailed environmental review. Rather, they set a framework for the type of development desired for this area. The Commission also updated Chapter 5 of the Plan of Conservation and Development to incorporate this more detailed vision for the TVA in 2011.

After these new regulations were adopted, town staff and the Commission received feedback from potential developers. Based on that feedback, in 2015, the Planning & Zoning Commission initiated its own amendments to the Zoning Regulations and Design Guidelines which, among other changes, allowed for stand-alone multi-family housing. Previously only single-family, town houses and apartments above retail were allowed. This past spring, a potential developer submitted an application for additional amendments to the zoning regulations. The Commission approved some of the amendments, allowing for greater building height and width in certain circumstances.

Since those most recent zoning amendments, here is the status (as of October 5, 2016):

The developer revised the concept and submitted a request to the Town Council to acquire approximately 7.8 acres of town-owned land in the Tolland Village Area. The Town Council requested that the developer present its proposal to the Council at a public meeting which was held on September 6. The Town Council requested an appraisal for the town-owned property. The appraisal is expected to be completed by the end of October. If the Town Council were to decide to offer the land to the developer, two steps must occur: The Council must refer its decision to the Planning & Zoning Commission for its review (called an "8-24 review" as it is Connecticut General Statutes Section 8-24 which requires such a review). The Council must hold a public hearing.

For development to occur, applications must be submitted to the Planning & Zoning Commission and Inland Wetlands Commission. The Planning & Zoning Commission is required to hold a public hearing on the application if and when it is submitted. No applications have been submitted as of 10/5/2016.

To stay updated you can subscribe to email notifications (see "Tolland Notification" on left side of the homepage), regularly check the Planning & Development ("News & Notices"), or call (860-871-3601).

### **Tolland Human Services**

# TOWN OF TOLLAND FAIR HOUSING NOTICE

Beverly Bellody, Director of Tolland

Human Services, serves as the Fair Housing Officer for the Town of Tolland. The Federal Fair Housing Act prohibits discrimination in the sale, rental and financing of dwellings, and in other housing-related transactions, based on race, color, national origin, religion, sex, familial status (including children under the age of 18 living with parents or legal custodians, pregnant women and people securing custody of children under the age of 18), and handicap (disability).

Under the Connecticut Fair Housing Act, it is against the law to deny anyone housing based on race, color, national origin, sex, ancestry, religion, children or family status, mental or physical disability, marital status, age (except minors), sexual orientation, or legal source of income. If you feel your rights have been denied in the equal access to the rental, sale or financing of residential property, please contact Beverly Bellody at (860) 871-3611, Mon.-Wed. 8:00 am-4:30 pm, Thurs. 8:00 am-7:30 pm, closed on Friday.

For more information you can also contact The Connecticut Fair Housing Center, 221 Main Street, Hartford, CT 06106, 860-247-4236, or email at info.@ctfairhousing.org. The Connecticut Fair Housing Center also has information about foreclosure prevention.

### **HUMAN SERVICES**

Residents may call any of the following Tolland Human Services personnel for more information about state programs and local initiatives:

Beverly Bellody, M.S., Human Services Director (860) 871-3611 Nancy Taylor Dunn, L.P.C., Assistant Director Human Services (860) 871-3612

Stephanie Mansell, B.S., Human Services Case Manager (860) 871-3615

Fran Weigand, Senior Center Director (860) 870-3725 Rebecca Ellert, Elderly Outreach Case Worker (860) 870-3726 Bridget Joy, Administrative Secretary, (860) 871-3648

### ASSISTANCE PROGRAMS

Connecticut Energy Assistance Program (CEAP/CHAP) Tolland Human Services is now taking applications for the 2016/2017 Connecticut Energy Assistance Program.

Applications will be taken through 4/27/17 (utility-heated with shut-off notice, through 5/11/17). On behalf of eligible households, the winter heating assistance pays for such heating sources as oil, natural gas, electricity, propane, kerosene, coal and wood/pellets. Homeowners and renters may apply. Eligibility is based on annual gross income and household size.

# INCOME GUIDELINES FOR CONNECTICUT ENERGY ASSISTANCE PROGRAM 2016-2017

1	2	3	4	5	6	7
Under						
\$33,880	\$44,305	\$54,730	\$65,155	\$75,579	\$86,004	\$87,959

To request a list of required documentation, schedule an appointment or learn more about this and other programs: Seniors - contact Rebecca Ellert, (860) 870-3726; all others contact Administrative Secretary Bridget Joy, (860) 871-3648. Residents may also contact the ACCESS Agency in Willimantic, (860) 450-7423. We are unable to process walk-in applications.

# TOLLAND HOUSING REHABILITATION LOAN PROGRAM

The Tolland Housing Rehabilitation Loan Program provides zero percent interest loans to eligible residents for home repair projects that include, but are not limited to: septic systems, well repair, roofing and siding, structural deficiencies, replacement windows, insulation, ADA improvements, plumbing, electrical and heating systems.

To be eligible, yearly gross income must not exceed the following amounts:

ı	1	2	3	4	5	6	7	8
ı	Under	Under						
ı	\$46,000	\$52,600	\$59,150	\$65,700	\$71,000	\$76,250	\$81,500	86,750

For an application or for more information, residents who are interested and feel they may be income eligible may contact Beverly Bellody at 860-871-3611. All information provided to the Tolland Housing Rehabilitation Loan Program will be kept confidential.

### FOOD BANK

The Food Bank gratefully appreciates donations from individuals, neighborhoods, youth groups, organizations and businesses. Tolland residents needing to use the Food Bank, and those wishing to make donations to the Food Bank, may contact the following staff members: Seniors - contact Rebecca Ellert, (860) 870-3726; all other households - contact Nancy Dunn, (860) 871-3612.

### FOODSHARE MOBILE FOOD PANTRY

The FoodShare Mobile Food Pantry is available in Tolland on alternate Thursdays, 9-9:30 am in the parking lot adjacent to the United Congregational Church of Tolland, 45 Tolland Green. Pre-registration and identification are not required. For more information about FoodShare, residents may contact FOODSHARE at (860) 286-9999 or the UCC office at (860) 875-4160, or visit the FOODSHARE website, www.foodshare.org.

continued on page 24

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### Human Services ... continued from page 23

For the next few months, distribution at the Tolland site will be on the following dates:

November 10 (not available Nov. 22); December 8 & 22, 2016; January 5 & 19, 2017 from 9:00-9:30 am.

Residents participating in the program must bring their own bags.

### YOUTH PROGRAMMING

**TYSCT Coffee House** 2016-2017 performances in Nov., March & May. Watch for audition and event dates! Performances are at 7 pm in the Tolland High School café. The Coffee House features original and popular vocal selections performed by area high school youth. Admission, which includes light refreshments and coffee, is \$5 and a non-perishable food item for the Tolland Food Bank.

### **TYSCT Summer Musical** - SAVE the dates!

Performances - Friday & Saturday, July 28 & 29, 2017 Audition date, rehearsal schedule and show title to be announced at a later date.

Watch for press releases about future TYSCT events. For more information residents may contact Nancy Dunn @ (860) 871-3612 or nancydunn@tolland.org. Please visit us on Facebook @ The Coffee House - TYSCT, and at www.tolland.org.

### SENIOR CENTER NEWS

**Senior Center Day Trips** - Contact the Senior Center to make a reservation at 860-870-3730. December 7th: Newport Playhouse - Nana's Naughty Knickers (\$90)

### **AARP TAX-AIDE VOLUNTEERS**

The Tolland Senior Center would like to offer tax preparation in February 2017, but we need some tax-aide volunteers to be successful. If you have prepared your own taxes for many years, are comfortable using the computer, and are math savvy you could be a tax-aide volunteer. A required training session will be held sometime in January. Educational materials are provided as well as a mentor to answer your questions. Tax preparation would be from the beginning of February to mid-April at the Tolland Senior Center. If you are interested in volunteering and would like more information, please contact Fran Weigand, Senior Center Director, at 860-870-3730.

### FOOD BANK

Tolland now has two locations for food drop off for the Tolland Food Bank. Drop off boxes are available at The River of Life Christian Fellowship, located at 384 Merrow Rd, (Twin Ponds), in the lower level and Tolland Recreation Department, 104 Old Post Rd, both in Tolland. For a detailed list of items needed for the pantry, please call Rebecca Ellert at 860.870.3726.

# **Economic Development Commission**

### WELCOMING NEW BUSINESSES TO TOLLAND

Please join the Economic Development Commission in welcoming the following businesses to Tolland:

Petvalu, located at 33 Fieldstone Commons, Unit A Science Engineering Associates, 65 Industrial Park Road West

OAI Autism LLC, 29 North River Road

DDrobney Photography, 12 Goose Lane, Suite G

We encourage all Tolland residents to support local businesses.

### **Assessor's Office**

Recent legislation has been passed for the 2016 grand list that allows the assessor to reduce assessments due to the crumbling foundation outbreak.

An application can be found on the assessors' web page or in the office. An engineer's report also needs to be filed with the assessor by December 1 in order to process the application before the grand list is signed.

Please contact the assessors' office with any questions.

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# **Tolland Public Works Department**

# 5 YEAR/\$5 MILLION ROAD IMPROVEMENT PLAN UPDATE

Phase IV of the 5 year/\$5 million Road Improvement Plan was recently completed. The roads repaved this year were Midland Drive, Dockerel Road, Garnet Ridge Drive, Sherry Circle, Glenn Drive, Stuart Drive, Carol Drive, and Randy Road. Virginia Lane was also partially paved.

### WINTER PARKING BANS

Residents are reminded of the winter parking ban in effect from November 1st through April 15th. Overnight parking is not allowed on public streets or municipal parking lots between the hours of midnight and 6:00 am. A parking ban may also be declared if a significant snow event is forecast or in progress. For information on whether a parking ban has been declared (beyond the midnight to 6 am ban) tune to WFSB (CBS), WTNH (ABC) or WVIT (NBC). You can also get updates on our Facebook page @ Tolland Works.

### SNOW REMOVAL

Snow and ice may not be plowed, blown or shoveled into the street. This practice presents a hazard to passing motorists and may contribute to unsafe road conditions. Please remember that you will also be held responsible for any actions of a contractor hired by you.

### MAILBOXES

Your mailbox should be in good repair, firmly attached to a solid post, and properly placed so no part of it is over the pavement. It will have to withstand countless tons of flying snow this winter and it may require periodic maintenance. If a mailbox or post is pushed over or damaged as a result of snow or slush coming off a snowplow, it is considered a winter hazard and the Town will not repair or replace the mailbox or post. The height of the bottom of the mailbox to the street should be between 42"- 48" and the mailbox door should be 6 to 8 inches back from the front face of the curb or road edge.

# GARBAGE & RECYCLING TOTE PLACEMENT

Residents are reminded that garbage and recycling totes should be placed within 18" of the curb or roadside. Please note that they are to be placed on your property, not in the street. Doing so not only creates a public safety issue but also hinders snow removal operations. The Town is not responsible for damage done to totes by plows.

### PORTABLE BASKETBALL HOOPS

Portable basketball hoops and similar items should NOT be in the Town right-of-way. The Town is not responsible for damage done by plows to such items left in the Town right-of-way.

### **CATCH BASINS & STORM INLETS**

Help minimize street flooding by shoveling snow and ice from in front of the storm inlet nearest your house. This includes keeping catch basin grates free of leaves and other debris all year long!

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### SIDEWALK CLEARING

By Town Ordinance it is the responsibility of owners and occupants of buildings and vacant lots to remove snow, sleet and ice from public sidewalks abutting their property within 24 hours after the storm has concluded. Failure to comply with this ordinance may result in a fine. Please remember that the final snow plow pass is not made until after the storm has concluded.

Your cooperation in clearing sidewalks is an essential safety measure for pedestrians using the sidewalks.

### **CHRISTMAS TREES**

Tolland does not offer curb side pick up of Christmas trees. However, Christmas trees may be dropped off at Crandall's II, near the Lodge driveway, from December 26th through January 26th.

# **Tolland Public Safety / Law Enforcement**

We are delighted and disheartened to announce that Trooper First Class Daniel P. McCarthy has retired as of October 1, 2016. Trooper McCarthy has been a great guardian and asset to our Town for many years. His co-workers have always appreciated his spirit, dedication and leadership.

Trooper McCarthy grew up in Glastonbury and Tolland. The McCarthy family lived on Doyle Road in Tolland and many people in Town still remember Trooper McCarthy and his four brothers. He has business degrees from the University of Connecticut and the University of South Florida, which he received after getting out of the Army. Trooper McCarthy was with the 2nd Ranger Battalion and participated in the invasion of Grenada. After being laid off from a business job in Florida, he looked around for a new career. He came home to Connecticut, studied and worked to become a Connecticut State Trooper. He spent three years working out of Troop H, the state police barracks in Hartford. In 1996 he came to Troop C to become a Tolland Resident State Trooper. He was D.A.R.E. Certified in 1998 and spent time teaching D.A.R.E. in our school systems.

Trooper McCarthy saw the job of resident trooper as a chance to get to know an area and make a difference in the lives of its residents.

We wish to thank Trooper McCarthy for his stellar service to the residents and visitors of our town and wish him the happiest of retirements.

Trooper Kevin Eklund will be replacing Trooper McCarthy as the Administrative Resident Trooper for the Town of Tolland.

# May the magic and wonder of the Holiday Season Stay with you throughout the coming year.



You are In Our Thoughts
During the Holiday Season
and New Year.
Sincerely,
Jessica & Philip Pietras

Feel free to contact one of our licensed funeral directors at any time if you have any questions or concerns.

Philip & Jessica Pietras, Jennifer A. West, Jacqueline L. Teske, Corrine M. Jones, Haley S. Bohadik.

Email: Pietrasfhs@att.net



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# **Tolland Fire Department and Public Safety**

# IS YOUR STREET NUMBER VISIBLE FROM THE ROAD?

Residents and business owners are asked to please check their street address numbers. Can they be seen from the road? Are they faded, too small, overgrown or missing? If so, please update your numbers so that they are visible from both directions. The Fire Department offers blue reflective street address signs for \$16. The signs measure 6" wide and 18" long. Your house numbers are placed on both sides and the blue coating is also reflective. These signs will make your address easier to find and they also make great gifts! For an order form, please visit www.tollandfire.org, click the Forms button on the left. Questions? Call 860-871-3677 x2158.

### **SMOKE ALARM SENSE**

Install and maintain smoke alarms on EVERY level of your home, outside each sleeping area, and inside each bedroom. For the best protection, interconnect the alarms. When one sounds, they all sound. TEST all smoke alarms MONTHLY.

### Replacing your smoke alarms:

Replace all smoke alarms when they are 10 years old. To determine the age of your smoke alarm, look at the back where you will find the date of manufacture. Smoke alarms should be replaced 10 years from the date of manufacture. Immediately replace any smoke alarm that does not respond properly when tested. Replace combination smoke-carbon monoxide alarms according to the manufacturer's recommendations.

### **ESCAPE PLANNING**

# Create a home escape plan and practice it with all family members!

Fire can spread rapidly through your home, leaving you as little as one or two minutes to escape safely once the alarm sounds. Your ability to get out depends on advanced warning from smoke alarms and advanced planning. In 2014, there were an estimated 367,500 reported home structure fires and 2,745 associated civilian deaths in the United States. A closed door may slow the spread of smoke, heat and fire. Install smoke alarms in every sleeping room and outside each separate sleeping area. Install alarms on every level of the home. Smoke alarms should be interconnected. When one sounds, they all sound.

### It is important to plan ahead:

Pull together everyone in your household and make a plan. Walk through your home and inspect all possible exits and escape routes. Households with children should consider drawing a floor plan of your home, marking two ways out of each room, including windows and doors. Also, mark the location of each smoke alarm.

### For easy planning:

- Draw a map of your home. Show all doors and windows
- Visit each room. Find two ways out.
- All windows and doors should open easily. You should be able to use them to get outside.
- Make sure your home has smoke alarms. Push the test button monthly to make sure each alarm is working.
- Pick a meeting place outside. It should be in front of your home.
- Everyone will meet at the meeting place.
- Make sure your house or building number can be seen from the street.
- Talk about your plan with everyone in your home.
- Teach everyone to dial 9-1-1.
- Practice your home fire escape drill!

### WOOD & PELLET STOVE SAFETY

As the temperature drops outside, wood and pellet stoves may be fired up inside the home. What you may not realize is that heating equipment is one of the leading causes of home fires during the winter months. Below are some tips to help keep you safe:

# HAVE A QUALIFIED PROFESSIONAL INSTALL STOVES, CHIMNEY CONNECTORS, AND CHIMNEYS.

- Stoves should be listed by a qualified testing laboratory. In wood stoves, burn only DRY, seasoned wood. In pellet stoves, burn only dry, seasoned wood pellets.
- Have your chimney and stove INSPECTED and cleaned by a certified chimney sweep every fall just before heating season.
- CLEAN the inside of your stove periodically using a wire brush.
- Allow ashes to COOL before disposing of them. Place ashes in a covered metal container. Keep the container at least 10 feet away from the home and other buildings.
- Keep a CLOSE EYE on children whenever a wood or pellet stove is being used. Remind them to stay at least 3 feet away from the stove.
- Stoves need SPACE. Keep anything that can burn at least 3 feet away from the stove.
- INSTALL and maintain carbon monoxide alarms (CO) outside each sleeping area and on every level of the home.
- For the best protection, interconnect the CO alarms. When one sounds, they all sound.

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### **Tolland Board of Education**

### A MESSAGE FROM SUPERINTENDENT WILLETT

It has been a wonderful start to the 2016-2017 school year.

As temperatures have started to fall, with the leaves falling not far behind, we are settling into our studies and activities. Each year we have many opportunities to engage with the community. One of my favorites is the Superintendent's Breakfast. These are held from 9:00 to 10:00 am on November 9, December 12, February 6, March 6, April 3, May 1 and June 5.

Please come with questions, and conversation – and I provide the coffee and breakfast items! I could use your wisdom. If group breakfasts aren't your thing, I'd love to meet you one to one, or with a friend – give me a call and we can set up a time and place where you can share your insights. I'll bring the coffee to you!

In addition, if you'd like to learn about Internet safety, please come to our December 7th, 2016 Internet Safety Presentation by retired Officer Scott Driscoll at Tolland High School from 7:00 – 8:30 pm. Also, on April 5, 2017 we are having a Workshop on Childhood Anxiety Disorders. Dr. Elizabeth Davis is a licensed clinical psychologist at the Anxiety Disorders

Center at the Institute of Living. Dr. Davis specializes in working with children and adolescents with anxiety disorders. She has particular expertise in incorporating elements of mindfulness and acceptance-based treatments into Cognitive-Behavioral Therapy. Dr. Davis has presented at numerous professional conferences, schools, and academic medical settings on the topic of childhood anxiety disorders. Talk title: "Early Identification and Treatment of Childhood Anxiety Disorders."

Through this workshop you can:

- Identify early warning signs of childhood anxiety disorders Understand evidence-based, gold-standard treatments that are available
- Discuss strategies families can use at home to effectively address anxiety symptoms
- Collaborate with the school system to address symptoms across environments

If budgeting is your thing, our second budget workshop is November 16, 2016 at 7:00 pm at Tolland High School. Come and learn all about the school budget, and give us your input. I look forward to seeing you soon!





### TOLLAND FAMILY RESOURCE CENTER

The Tolland Family Resource Center located at Birch Grove Primary School and at Tolland Intermediate School is here to help support families with all stages of their child's development from prenatal to age 12. If you have questions regarding your child's development or programs available, call or email Laurel Leibowitz (860) 870-6750 x 30215 or lleibowitz@tolland.k12.ct.us or log onto our webpages at www.myteacherpages.com/webpages/tollandfrc. We offer developmental screening, home visits, playgroups, preschool, before and after school care, connections to homecare providers and daycare centers. If you are looking for preschool or daycare for your child, we can help you! We offer family events, workshops and parenting classes. We have an advisory council, Tolland Early Readiness Advisory Council (TERAC) that meets every other month to help promote broad-based support for the Family Resource Center to provide programs to meet local needs. Our board consists of specialists, teachers, administrators, parents and care providers. Let us know if you would like to join. Our goal is to help build strong families. Our programs are open to all Tolland residents. Registration for programs beginning in September 2017 begins in January. Join us for our annual Preschool Childcare Fair January 10, 2017, to learn about all the wonderful programs offered in Tolland.

Did you know that the Tolland Family Resource Center offers playgroups? If you have a child in grade school or preschool, you could bring your younger child (ren) to play! Registration is on-going until program is full.

Monday: 9:00-9:45 am, Morning Fun! Free (All ages) 11:00-12:00 pm, Book Worms (ages 3-5) followed by lunch bunch 12:00-12:30 pm (bridge to PS 4's)

**Tuesday**: Library playgroup, 1,000 Books B4 Kindergarten at Tolland Library 10:15-11:15 am (All ages)
Adelante Espanol, 2:00-3:00 pm; 1:30-2:00 pm
(Bridge for PS Enrichment Kiddos)
School Age Adelante Espanol, 3:30-4:30 pm

**Wednesday**: Grow with Me, for 2 and 3 year olds and their parents and a sibling - playgroup offered at the same time! 9:00-10:30 am

Creative Chefs (Make it and eat it lunch bunch), ages 3-5 at TIS 11:00-12:00 pm

Thursday: Artist in Me Playgroup, 1:30-3:00 pm, ages 3-5

**Friday**: Babies, Toddlers and Twos, 9:00-10:30 am - play, circle time, story and snack

Continued on page 36

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### Board of Education ... continued from page 35

# TOLLAND FAMILY RESOURCE CENTER UPCOMING EVENTS

### **NOVEMBER**

November 10 - TERAC meeting 6:30-7:30, Media Center at Birch Grove School

November 14 - Childcare Provider Training, upstairs teacher's lounge, 6:00-8:00 pm BGP

November 16 - FRC Family Night Let's be Thankful Pot Luck and Art Show, 6:00-8:00 pm, Birch Grove School

### DECEMBER

December 9 - Family Gingerbread Night, 6:00-8:00 pm, BGP Cafeteria (snow date 12/16)

### **JANUARY**

January 9 - Childcare Provider Training, upstairs teacher's lounge, 6:00-8:00 pm

January 10 - Preschool-Childcare-Activity Fair, 6:00-7:30 pm, BG Cafeteria (snow date 1/17)

January 17- In House Registration OPEN for 2017-2018 FRC programs including before and after school care and preschool January 19 - TERAC-BG Media Center, 6:30-7:30 pm

### **FEBRUARY**

February 1- Open registration for all FRC programs for 2017-2018 begins at 7:00 am

February 9 - LOVING LITERACY Family Night, 6:00-7:00 pm (snow date 2/16)

February 13 - Childcare Provider Training, upstairs teacher's lounge, 6:00-8:00 pm

### MARCH

March 6 - FULL Week Camp Registration OPEN

March 8 - Kindergarten Readiness Night, 6:30-7:30 pm media center (snow date 3/10)

March 16 - TERAC, Media Center BG, 6:30-7:30 pm

### **APRIL**

April 3 - Summer Camp registration begins for partial week campers.

April 27 - Grow a Healthy Me Family Night, 6:00-7:30 pm, Birch Grove (snow date 4/28)

### MAY

May 8 - Childcare Provider Training upstairs teacher's lounge  $6{:}00{-}8{:}00$  pm

May 11 - TERAC, 6:30-8:00, BG Media Center

May 17 - TIS Family Pizza and Game Night, 6:00-8:00 pm

### **JUNE** \* subject to snow days

The School Age Care Program will be closed the last day of school.

Summer Camp begins two weekdays after school gets out.

# It's time to order

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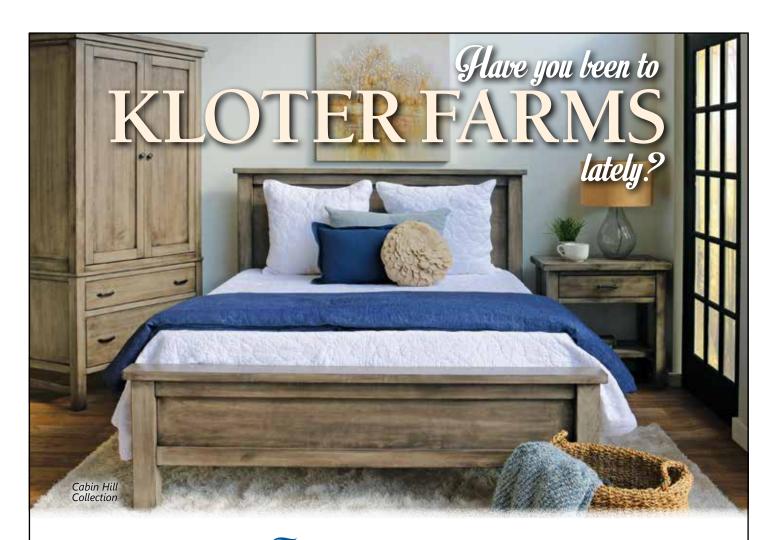
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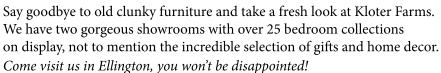




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